

Menu - Week 1

Name:	
Class:	£2.30 per meal/day
Entitled to a free school meal:	Payment made for lunches on teacher2Parents
Please tick Main meal or Vegetarian meal choice. Pudding of the day is included	Please return by no later than 3pm Friday
Week Commencing 6 th Sept, 27 th Sept, 18 th Oct	Kitchen Tel: 01562 824206

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Bolognaise Minced beef and vegetables cooked in a homemade tomato sauce served with fresh salad and homemade bread	Brunch Chicken sausages, and omelette served with Hash browns, tomato and baked beans	Roast Chicken British roast chicken served with a rich gravy, minted new potatoes and peas	Chicken Burger Breaded chicken burger served in a floured bap with herby potatoes and homemade coleslaw	Breaded Fish Sustainably sourced breaded fish served with criss cross potatoes and mixed vegetables
Vegetable Bolognaise Vegetables cooked in a homemade tomato sauce served with fresh salad and homemade bread	Veggie Brunch Quorn sausages and omelette served with Hash Brown, tomato and baked beans	Roast fish White fish served with minted new potatoes and peas	Spicy Bean Burger A blend of kidney beans, sweetcorn and green peppers, spiced with cumin, chilli and oregano coated in a crispy crumb served in a bap with herby potatoes and homemade coleslaw	Cheese and tomato Pizza Whole meal pizza base topped with tomato and cheese Served with criss cross potatoes and mixed vegetables
Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna
Carrot Cake	Banana mousse	Fresh Fruit Salad	Jam and Coconut sponge	Lemon Shortbread
Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings

RETURN THIS FORM WITH YOUR RECEPTION PACK

Please send back to School

Menu – Week 2

Name:	
Class:	£2.30 per meal/day
Entitled to a free school meal:	Payment made for lunches on Teacher2Parent
Please tick Main meal or Vegetarian meal choice. Pudding of the day is included	Please return by no later than 3pm Friday
Week Commencing 13th Sept, 4th Oct	Kitchen Tel: 01562 824206

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Tomato Pasta Bake Chicken cooked in a homemade tomato sauce mixed with fresh pasta and baked in the oven served with sweetcorn and fresh homemade bread	Chicken Kebab British breaded chicken cooked with onions and peppers served in a wrap with spring vegetables	Roast Beef with gravy and Yorkshire Pudding Tender slices of red tractor roast beef and served with a rich gravy ,Yorkshire pudding , roast potatoes, broccoli and cauliflower	Red Tractor Beef Chilli Red tractor minced beef slowly cooked in a chilli tomato sauce topped with crispy tortilla and cheese served with half jacket potato and sweetcorn	Red Tractor Hot Dogs Red tractor chicken sausages served in a bap with chips and peas
Tomato wan cheese pasta bake Homemade tomato sauce mixed with pasta and topped with cheese served with sweetcorn and fresh homemade bread	Cheese and Potato Pinwheel Creamy mashed potato and cheese rolled in puff pastry served with spring fresh vegetables	Roast Fish Roast white fish served with roast potatoes, broccoli and cauliflower	Quorn Southern Fried Bites Quorn meat free bites, coated in a southern fried crumb and served with half a jacket potato and sweetcorn	Veggie Hot Dog Quorn Sausages served in a bap with chips and peas
Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna
Fresh Fruit Salad	Homemade Cupcakes with buttercream and Jam	Chocolate Krispy Cake	Fruit Tarts	Jelly
Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings

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Menu – Week 3

Name:	
Class:	£2.30 per meal/day
Entitled to a free school meal: Please tick Main meal or Vegetarian meal choice. Pudding of the day is included	Payments made for lunches on Teacher2Parent Please return by no later than 3pm Friday
Week Commencing 20 th Sept, 11 th Oct	Kitchen Tel: 01562 824206

Monday	Tuesday	Wednesday	Thursday	Friday
Beef meatballs in a tomato sauce Red Tractor Beef meatballs cooked in a tomato sauce served with pasta and homemade garlic bread	Sweet and Sour Chicken Diced chicken cooked in a sweet and sour sauce served with rice and prawn crackers	Roast Chicken British roast chicken served with a rich gravy, creamy mash potatoes, green beans and sliced carrots	Ham and Cheese quiche Homemade quiche served with new potatoes and a fresh crispy salad	Cod Bites Sustainably sourced cod bites with herby potatoes and baked beans
Veg Supreme pizza Baguette Veg supreme pizza, peppers, tomatoes and red onion topped with cheese served with herby potatoes and salad	Sweet Potato, chickpea and Spinach Curry Sweet potato, chickpea and spinach cooked in a mild curry sauce served with rice and naan bread	Roast Quorn Fillet Quorn fillet served with gravy, creamy mash potatoes, green beans and sliced carrot	Macaroni Cheese Pasta tubes cooked in a homemade cheddar cheese sauce served with a crispy fresh salad	Veggie Nuggets Vegetable Nuggets served with herby potatoes and Baked beans
Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna	Sandwiches Cheese/Ham/Tuna
Summer Fruit Crumble	Pancakes served with a fruit topping	Homemade Flapjack	Fruit salad	Ice-cream
Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings	Jacket potato and fillings

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